



October 2018 Edition

SAFETY...EXCELLENCE...COMPASSION...INTEGRITY...DEVOTION...TEAMWORK

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3D Mammography coming to Box Butte General Hospital

DEPARTMENT
FOCUS

ACCORDING

to the [American College of Radiologists](#), women should start annual breast mammography screenings at the age of 40. For years, those annual examinations have been conducted at BBGH using 2D mammography technology. That's about to change.

3D mammography technology is coming to Box Butte General Hospital (BBGH) by January of 2019, the first in the Panhandle region. It's been proven that 20-65 percent more invasive breast cancers are detected using 3D technology. Research has shown it also reduces callbacks by up to 40 percent, compared to 2D technology.

"We want to share this exciting news with our area communities," said BBGH [Diagnostic Imaging Department](#) Manager Carolyn Anglesey. "With the improved detection and reduced false positives this new technology provides, they will be able to come to us for this service to aid in the early detection of breast cancer."

Why is 3D mammography better than 2D? "Think of a book," Ms. Anglesey said. "Traditional 2D technology is like looking at a book that is closed. All the pages are together, with the words overlapping making it hard to read. A small tumor is more difficult to see. That's also why there are more false positives that occur, where the patient gets called back for another exam. And we all know how stressful that can be.



With 3D mammography the radiologist can take that book and now open it up and read each page one at a time. That helps the radiologist see what is on every single page (or layer) of the breast. That helps the radiologist find cancers that might normally be more difficult to see with 2D mammography."

The other important 3D enhancement is the before mentioned reduction in call backs needed. National statistics show that 10 percent of women who had a mammogram get called back for additional testing. Of those call backs, 80 percent are false positives. BBGH mammography technologist Amber Smith said, "3D mammography cuts down on false-positives. Women know how stressful it is waiting for the additional testing and then waiting for the results, then most of the time finding out that everything is normal. Having 3D technology reducing callbacks by up to 40 percent is a huge plus for the peace of mind of our patients." Call backs can also be expensive for the patient,

according to Ms. Smith. An annual mammogram is preventative screening and frequently covered by insurance. However if a patient gets called back for additional diagnostics it's no longer preventative care. The patient may pay the out-of-pocket deductible, which could be several hundred dollars.

BBGH's radiologists have already been trained using 3D mammography, as mandated by the FDA. When the chosen 3D mammography

unit arrives at the Diagnostic Imaging Department at BBGH, mammography radiology techs will also be trained by vendor representatives.

"We will be sending out annual reminder letters to women who have had their preventive screenings done using our department in the past year to provide information about these changes," Ms. Anglesey concluded. "We also send out notices to patients whose most recent mammograms indicated they have dense breast tissue. Dense breast tissue is a finding that is present in about 40 percent of women. Having that condition can make it more difficult to detect cancer using traditional 2D mammography. 3D mammography will make a big difference with imaging dense breast tissue. We are excited to have 3D mammography available at BBGH for annual screening by January." This is another great example of BBGH's commitment to providing an excellent patient experience.

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INSIDE:

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BBGH/GNMSS Patient Portal: What it is and why you need one

WHEN AN AREA resident makes a qualifying visit at Box Butte General Hospital (BBGH) or Greater Nebraska Medical & Surgical Services (GNMSS), important information is stored in the patient's Electronic Health Records (EHR). Much of that information is available to the patient via his or her Patient Portal.

"A Patient Portal is a secure online website that gives patients convenient 24-hour access to personal health information from anywhere with an Internet connection," explained BBGH Clinical Informatics Nurse JaeAnn Bradt. "Using a secure username and password, patients can view health information such as: recent doctor visits, current medications being taken, reported allergies, lab results (only those completed at BBGH), and discharge summaries." Patients will also find helpful links, including ones to the Nebraska Immunization Information System (where patients can find their immunization history); reputable health information sites; medication information; and health library.

Hospitals and clinics across the nation are urging patients to utilize Patient Portals for two reasons.

First and foremost is the Center's for Medicare & Medicaid Services (CMS) mandate that health care services provide Patient Portals to the public to increase patient participation in care. "This information is YOUR health information," Ms. Bradt said. "The idea behind the Patient Portal is to increase patient participation in their health care, making them part of the health care team looking after their needs." By using a Patient Portal, patients can view and download the information provided to monitor their health and trend test results. They can also transmit that information, or print and share a hard copy, with other providers.

The secondary reason is the Medicare & Medicaid EHR Incentive Program. According to the program's website it, "provides incentive payments to eligible professionals and hospitals as they demonstrate adoption, implementation, upgrading, or meaningful use of certified EHR technology. These

incentive programs are designed to support providers in this period of Health IT transition and instill the use of EHRs in meaningful ways to help our nation to improve the quality, safety, and efficiency of patient health care." Ms. Bradt added, "The Patient Portal is part of that nationwide push."

So how does one gain access to their BBGH/GNMSS Patient Portal? There are two ways.

The first is when a patient visits BBGH or GNMSS for an appointment. "The Admission Clerk waiting on you will ask if you have a Patient Portal account already in place," Ms. Bradt explained. "If not, the Clerk will provide you with a computer generated Personal Identification Number (PIN), write that number in the Patient Portal brochure and give it to you." The patient can then go to the hospital's website, www.bbgh.org, and access the **Patient Portal** in a drop down list under the "Patient & Visitors" link located in the upper left of the home page. When on the Patient Portal landing page, click on the "Patient Portal Pin Register Link" and follow the instructions, entering a username, password, the PIN provided by the Admissions Clerk in their respective fields, as well as filling out the other fields on that page. Ms. Bradt stressed that the PIN only lasts for 24-hours. "You must access the BBGH/GNMSS **Patient Portal at the www.bbgh.org** website within that time frame," she said. "If you don't log in within that 24 hour period, you can call the hospital's Patient Portal Helpline, 308.761.3075 during the hours of 7:30am-4:30pm, Monday through Friday, to request another PIN."

Patients only have to use the Patient Portal PIN Register link once. After they have done so, they can use the "Log In" link below the PIN Register link for all future Patient Portal visits. "Or, they can make it even easier," Ms. Bradt said. "When the Log In page loads, just save that URL to your Favorites Bar. That way it's right there for your use whenever you open your browser."

The second way to gain access is if no recent qualifying visit has been is made by a patient. In that case he or she can call the previously mentioned Patient Portal Helpline and request a PIN. The patient can also request one by [emailing \[patientportal@bbgh.org\]\(mailto:emailing_patientportal@bbgh.org\)](mailto:emailing_patientportal@bbgh.org). Again, the PIN given will only last for 24 hours and must be used within that time frame.

The Patient Portal is very secure. "It is protected with the same high level of security that all healthcare organizations are required to follow when it comes to patient health information," she said. "It is protected with secure SSL encryption, the same security protocol that banks use to protect your financial information. Any messages you receive from your medical team exists only within your secure portal. Such information is never sent through potentially unsecure email. In addition your Patient Portal account is password protected and linked to your verified e-mail address."

Ms. Bradt said that patients using the Portal should be aware that available information on a qualifying visit at BBGH and GNMSS is sent to the portal in the following time frames: ED and Inpatient within 36 hours; GNMSS visits: within four business days.

One final note: The Patient Portal is HIPPA compliant; meaning only the patient or an assigned proxy (spouse/child/trusted friend) designated by the patient can open a Patient Portal account. "Also, spouses or couples who share an email address cannot use the same address for their separate portal accounts," Ms. Bradt said. "If the couple has only one e-mail account, one of them will have to open another e-mail account to register. That's easy to do and free using such services as Gmail or Hotmail."

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BBGH LEADERS

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Luke Senden, Chief Financial Officer
Jim Bargaen, Chief Operations Officer
Carolyn Jones, Chief Nursing Officer
Mary Mockerman, Chief Quality Officer

BBGH COO Jim Bargaen updates Trustees on three building/remodel projects

BOX BUTTE General Hospital (BBGH) has long been committed to improve its patient and staff experience. A report given by hospital COO Jim Bargaen during the Board of Trustees meeting Monday, September 24, focused on plant improvements that will compliment that goal.

Mr. Bargaen updated the Trustees on two remodeling and one new building project the hospital is working on in its 2018-2019 calendar year. "We plan to get the most bang for our buck by stacking the projects so they run one after the other," he said. The first project, a renovation of the Sub Sterile Room between OR1 and OR2, will create a hallway from Circulation Surgery in front of the ORs to the Sterile Storage Room behind them. The renovation is slated to begin in early spring of 2019. The hospital has budgeted approximately \$100,000 for the project. Another remodel at the hospital to take place in a spring to early summer timeframe involves a major demolition and reconstruction of the current kitchen and cafeteria. "This one is going to be more complicated," he said. "The kitchen area and all of its equipment date back to when the hospital was built in 1976. This demolition and renovation will require extensive logistical planning." The hospital has anticipated a total cost of \$1.75 million for the renovation, and budgeted \$250,000 to get started this year. The renovation also includes replacement of all kitchen equipment and furniture. The third project to start in the spring is a new clinic building in Hemingford. "We're excited about this one," Mr. Bargaen said. "We were able to purchase a lot located



This site in Hemingford is one of the three projects on tap.

renovation projects. The hospital estimates the new 1,600 to 2,000 square foot building will cost around \$435,000. Design Development meetings for all three projects will begin in October.

—continued next page

◆ Patient Portal...

—from previous page

To conclude, the Patient Portal is dedicated to putting patients first, allowing them to be empowered and engaged consumers of healthcare by making the information they need available on their smartphones or other mobile devices whenever and wherever they want. "We strongly urge every one of our patients to utilize this service," Ms. Bradt concluded. "It's a long way away, but the ultimate goal is complete interoperability, providing patients and health care providers with the means to access patient EHRs at any hospital or clinic in the country. There are a lot of issues that have to be resolved before that can happen; software compatibility to name just one. But it will eventually happen."

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PLEASE WELCOME THESE NEW EMPLOYEES AND TRAVELERS TO OUR BBGH FAMILY!



Jesse Bunnell,
Maintenance Tech



Lindsey Bairn, ORT/L,
Rehab



Nikki Akers, RN,
Surgery



Nikki Niehues, RT(R)(CT),
Diagnostic Imaging



Rhonda Cooper, RN-T,
Surgery



Blake Brush, AART(R)-T,
Diag. Imag.



Sam Gilmore,
Registration

◆ Trustees updated on projects...

—from previous page regular board meeting will be held Monday, October 29 at

The Trustees also conducted the following business.

They recognized Rob Hood, Financial Counselor, as the September Employee of the Month. Also recognized was IT Help Desk technician Kaleb Hudson for earning his A++ Certification. The board welcomed new employees Jalloul Azzouz, RN; Erin Bunnell, Nurse Assistant/Ward Clerk; Jonathan Swenson, RN-T; Lindsey Bairn, OT; Nikki Neihues, RT(R)(CT); Nikki Akers, RN; and Jesse Bunnell, Maintenance Tech.

The consent calendar was unanimously approved, followed by the Quality Management & Safety Report from CQO Mary Mockerman. She focused on a recent COPIC site visit. COPIC is the hospital's general liability insurance carrier. As such it has a dedicated nurse risk manager for the state of Nebraska, who was on hand to provide valuable education and resource material to BBGH staff. Education included Communication skills; anticipated turnover (interesting fact: national retention of employees aged 18-24 averages just 18 months) and the need to engage employees on how they contribute to organizational goals to increase retention rates; documentation and patient follow-up; top ten high risk areas; and HIPAA risk areas of concern. Organization Risk Assessments were also provided for clinics and the hospital. Ms. Mockerman concluded with infection prevention and control updates, including flu shot clinics for all staff members September 26-27 and the annual Safety Fair slated for November 5 through 9.

After the Trustees unanimously accepted the August financial report, CEO Lori Mazanec introduced the board to a 'Thankful for You' marketing campaign developed by the Marketing Department's summer intern, Kelsey Brummels. "I ask our marketing interns to develop a marketing strategy as part of their internship at the hospital. Kelsey's 'Thankful for You' campaign compliments our strategy to improve employee morale, as well engaging staff in helping BBGH express how much the hospital appreciates and is grateful for the opportunity to serve the citizens of Alliance and surrounding communities." The campaign will run through November to coincide with the Thanksgiving holiday, and will include marketing efforts in both legacy and social media platforms.

Ms. Mazanec reminded the Trustees that internationally recognized motivational speaker Pete Smith will be giving three presentations at the Alliance Public Schools (APS) Performing Arts Center; two on Tuesday, September 25 and one on Wednesday, September 26, for BBGH staff members, Trustees, Box Butte Health Foundation board members, and APS teachers.

The board unanimously ratified newly elected Medical Staff Officers: Dr. Tim Narjes as Chief of Staff; Dr. Mark Chu as Vice Chief of Staff; and Dr. Jessica Ott as Secretary/Treasurer.

After unanimously approving all credentialing requests, and rescinding a radiologist's resignation approval and reinstate his privileges effective August 27, 2018, the Trustees entered executive session at 7:25pm to discuss medical staff updates. The Trustees re-entered open session at 7:51pm. With no action taken, the Trustees immediately adjourned. The next

regular board meeting will be held Monday, October 29 at 12:00pm to accommodate the hospital's auditor, who will present the annual audit report. It will be held in the BBGH Alliance Room. As always, the public is invited to attend.

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Another Reason Great Things
are Happening Here!

Celebrating

Winners who
Inspire a
New
Direction

Rob Hood, Financial Counselor
Patient Financial Services Dept.
September Employee of the Month

BOX BUTTE
GENERAL HOSPITAL

The Greatest place to: receive care,
work,
practice medicine.

If I could circle more than one value, I would. Aside from displaying Excellence & Devotion to our team, Rob goes above and beyond to ensure that the Surgery Department has everything we need to do all jobs efficiently & effectively to better ensure our patient satisfaction. Rob doesn't say no! He is always willing to lend a helping hand whenever needed. Rob is always in a great mood. I cannot express enough how much the Surgery Department appreciates all that Rob does. Rob has been filling in at Surgery and has done an amazing job! Rob was so willing to step up and help us out! So not only has he done his own job but has stepped up and taken on responsibility from our department as well. What amazing teamwork!

Also, congratulations to the following for being nominated: Michael Stevens, Brittany Stull, and Mandy Greve!

Internationally known speaker/author Pete Smith has a question: Where do you stand?

INTERNATIONALLY known speaker and author of the bestselling book “Dare to Matter,” Pete Smith recently presented three programs about personal growth at the APS Performing Arts Center for Box Butte General Hospital staff and APS teachers. That message was delivered to 206 employees of the hospital and a number of teachers over the two day period. While it is usually hard to distill a presentation that lasts a bit over an hour into a few words, that’s not the case with

never quite finding an answer to what was happening, my mind quickly focused on something terrifying: A noise. I heard my body shutting down.” He was convinced he was dying.

Obviously he’s okay now, but in that moment of his stroke he had a revelation. “I was asking myself all these questions about my relationships with people ... and all those questions centered around the question of ... was my life significant,” he recalled. “Not once did I consider whether or not I was successful. I didn’t think about whether I was happy. Instead I thought about whether I was significant. Did I matter?”

As his web site says, “Pete has since used that experience to inspire, educate, and entertain audiences throughout the world on the importance of pursuing significance in their personal and professional lives. As he says, ‘If you relentlessly pursue success and happiness in your life, you are settling for far less than what you were created for.’”

When asked what makes him different from other motivational speakers, he responded by saying, “I don’t think of myself as a ‘motivational speaker.’ I don’t want to be labeled in that way. The current culture has people asking, ‘What’s the point? What am I doing all this for?’ We have more prosperity today than ever

before, with more opportunity, yet more people are taking antidepressants than ever before. Why is that? Maybe it isn’t about ‘if you achieve success you’ll be happy.’ Maybe it isn’t about achieving happiness! People are looking at it all wrong. It’s more than that. That’s what I’m trying to get across in my talks; to let them know that beyond happiness is fulfillment by knowing who you are, and using that to make your life significant by doing things that matter. I try to give them the tools to do that. If they use those tools, that’s their choice.”

BBGH Patient Experience Ambassador Dede DeVeney, said, “Members of the Admin team and other staff who heard Mr. Smith speak at a Nebraska Hospital Association convention wanted to bring him here to Alliance so that our staff could hear what he had to say. His message is something we all need to hear in today’s world.”

Pete, his wife and two boys reside in North Carolina (they moved there just in time for Hurricane Florence). Oh, and he’s also “a part-time chew toy” for their Irish Setter.

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Above is internationally known speaker and author Pete Smith (inset) giving his presentation filled with humor, personal anecdotes, and valuable tools to make life matter to an appreciative crowd of BBGH staff Tuesday morning, September 25.

Mr. Smith. His whole message can really be distilled down to a question: “Where do you stand?”

That question frames most of his hour long talk. “I want you to ask yourself that question,” he said to the morning crowd of 92 BBGH staff members who attended his first session. “I want you to describe to yourself who you are; what you know to be true about yourself. Distill it down to just one or two words. Then go out and use that to make your life significant.”

Which brings the reader to the title of his book, “Dare to Matter.”

Mr. Smith had a good life up to the year 2010. “I was happy with what I was doing before that year as an operation executive at a school for kids with disabilities,” he recalled while being interviewed for this story. “I was doing fine. I had a great staff ... everything was good. I was doing good work. I was doing okay. Then I had my stroke.”

He recalls in his book that he was just finishing answering overnight e-mails at his home, when “all of a sudden, my legs started getting wobbly ... I lost my balance ... ended up on the floor ... In the midst of frantically searching for but



BBGH staff member Brian Kuhn was pleasantly surprised when he took up a challenge to “face the crowd.” Like \$20 richer surprised. Nice!

BBGH Trauma Program focused on "The Dance."



On September 15, the BBGH Trauma Program held a Rural Trauma Team Development Course. Instructors from RWMC were Dr. Rommie Hughes (BBGH Trauma Medical Director) Dr. John Morgan (RWMC Chief of Surgery), as well as Susan Wilson RN. The three focused their presentation on the need for



teamwork in Emergency Department settings. BBGH Trauma Coordinator Larry Steele said an apt analogy for the course would be, "Dancing. It's like a dance. If you know what your partners' next steps will be and know how to follow, the dance is flawless. If you get out of step, you start tripping up."

Wound Care Department presented Pay it Forward trophy for September

The BBGH Pharmacy Dept. presented the Pay it Forward traveling trophy to the Wound Care Department for September. Wound Care tries to promote the best wound care they can deliver to their patients. They collaborate with many departments throughout every day to day work flow. They're not afraid to pick up the phone and ask questions, especially in regards to medication therapy for their patients. We, in pharmacy, have worked closely with them at different times and have received nothing but positive attitudes from Sue and Erin. They offer the hospital the greatest place to work, receive care and to practice medicine.



HAPPENINGS AT GNMS

By Joni Sautter, BSN, RN, CRHCP
GNMS Clinic Manager
Ph: 308.762.4357 ext. 3152

It's that time of year again: Time to get your flu shot!

Influenza viruses typically circulate in the United States annually, most commonly from late fall through early spring. Most persons who contract influenza will recover without severe symptoms. However, influenza can cause serious illness, hospitalization, and death, particularly among older adults, very young children, pregnant women, and those with certain chronic medical conditions.

The Center for Disease Control (CDC) is predicting a higher than normal flu season for 2018-2019, based on the severity of the 2017-2018 season. 2017-2018 saw high levels of outpatient

clinic and emergency department visits for influenza-like illness (ILI), high influenza-related hospitalization rates, and elevated and geographically widespread influenza activity for an extended period.

All GNMS Clinics in Alliance, Hemingford and Hyannis will hold flu shot clinics in October using a vaccine recommended by the CDC for the 2018-2019 flu season. There will be two vaccinations available this year: a regular dose vaccine for the general population, young children six months of age and older, and pregnant women; the other a high dose vaccine for people 65 years and older as recommended by the CDC.

The GNMS Family Medicine clinic in Alliance will hold their flu shot clinic Thursday, October 11, from 7:00am to 7:00pm, in the Medical Arts Plaza Sandhills Room. GNMS Hemingford Clinic will provide flu shots on Friday October 5, from 2:00pm to 4:00pm at the Nutrition Center at the Fire Hall. GNMS Hyannis Clinic will provide flu shots on Wednesday, October 3, from 1:00pm to 4:00pm at the Clinic.

There is no need to make an appointment. The fee is \$25. Be sure to bring your insurance card. Patients must pay \$25 up-front. If your insurance pays, a refund will be given.

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Quinn-Essential Nutrition

by Barbara Quinn, MS, RDN, CDE,
Box Butte General Hospital Dietitian

Girls on the Trail

There is an unofficial condition coined “orthorexia” in which a person is excessively preoccupied with eating healthy food. I’m pretty sure my three amigas and I did not suffer from that on our recent horseback adventure.

First stop when they arrived in Denver before heading to the wild blue yonder: Trader Joe’s. Four chattering women throwing food into one basket got the attention of at least one shopper.

“Are you ladies going to a party?” he asked.

“Horseback riding for three days,” I said as we tossed everything from nuts and cheese to bottled water and wine into our cart.

“Looks like you’re going to have fun,” he smiled.

We sure did. After loading horses, saddles, hay and suitcases into the trailer, we made our way to Fort Robinson State Park in western Nebraska—22,000 acres of old west history and the same horse stalls used by the calvary in the late 1800’s.

What made this trip work—besides that fact that we wanted to spend more time in the saddle than we did in the kitchen—were our similar food preferences. Breakfast was coffee with—take your

pick—spinach-scrambled eggs and toast or blueberries,

yogurt and granola. Lunch was ready-to-make salad mix and homemade cabbage rolls (a Nebraska staple). And our first night dinner was a simple potpourri of cheeses, crackers, raw vegetables and hummus dips. Bottled water for the trail and wine for our evening talks on the prairie and we were happy cowgirls.

One highlight of this trip was a 21-mile drive (14 of them on a desolate dirt road) from our cabin to a tiny frontier town called the High Plains Homestead and its adjoining “Cookshack” restaurant. I had called a few days earlier to make a reservation for dinner.

“We don’t have the menu for Tuesday planned yet,” a woman’s voice told me. “But just a minute,” she paused. “He (I later found out “he” was her husband, the chef) said he can make Hillbilly Philly steak sandwiches.”

Hillbilly Philly steak sandwiches, I repeated. That would be just fine. And they were, complete with our choice of beans, coleslaw, three-bean or cucumber salads. And since we were the last customers of the night, the four of us split the last piece of homemade coconut cream pie while a picture of Clint Eastwood in his High Plains Drifter role squinted at us from the rustic wall.

A few days later, we ended our journey at my daughter and son-in-law’s ranch

with a home-grown steak dinner followed by one or two cautious sips of homemade moonshine in Tom’s man-cave aka “the bunkhouse.” And that’s all I’m going to say about that.

We won’t soon forget our days of horseback riding through grassy meadows to the top of pine-covered ridges. Our shared meals and long rides nourished each of us in special ways. Thanks for the memory, dear cowgirls.

Barbara Quinn is a registered dietitian nutritionist at Box Butte General Hospital. She is the author of Quinn-Essential Nutrition: The Uncomplicated Science of Eating. Email her at bquinn@bbgh.org



TO OUR OCTOBER EMPLOYEES!

- Mark Chu
- Tana Fillis
- Sheila Roberts
- Tonya Sanders
- Vickie Hartley
- Elizabeth Pemberton
- Cynthia Rehder
- Jennifer Johnson
- Michele Westhuis
- Kristen Lehl
- Jill Andersen
- Michelle M Wehrli
- Lisa Burri
- James Bargaen
- Jessica Ott
- Sarah Lunbery
- Jesse Bunnell
- Elizabeth Jensen
- Mackenzie Stabnow
- Josie Seidler



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PATIENT
PORTAL!

Your Electronic
Health Records

ANYTIME ... ANYWHERE

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Box Butte General Hospital is an
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Have you tried out your Patient Portal at BBGH or GNMSS yet? Well it's about time you do! Our billboard at 3rd & Cody this month urges staff and area residents to check it out!



BBGH well represented at Monument Marathon Expo Sept. 28



BBGH Rehab & Wellness Personal Trainer Courtney Schnell and Marketing Dept. Promotion Specialist Shae Brennan represented BBGH well at the Monument Marathon Expo held Friday afternoon and evening, Sept. 28 in Scottsbluff. As seen, they gave away a ton of fun stuff, including a grand prize drawing for a Nintendo NES Classic Edition player. Donkey Kong rules!

9th Annual Motorcycle Poker Run & Silent Auction raised over \$4,600 for Jane's Closet



The 9th Annual Motorcycle Poker Run and Silent Auction was held Saturday, September 15; sponsored by the Punishers Midwest Motorcycle and Guardian Belles Motorcycle Clubs of Alliance. According to Punishers President Dale Van Galder, over 50 riders registered for the northern Panhandle ride. Combined with the Silent Auction, he estimated over \$4,600 was raised. An exact tally would be determined (soon after publication of this Pulse). He and his club thanked all the volunteers who helped with the event, as well as all of the support given by those who donated Silent Auction items and who took part. They plan on sponsoring the events again next year. Jane's Closet provides material and monetary support to help area residents diagnosed with cancer cope with the disease. The monetary support for cancer patients and their families is designed to help them with expenses (e.g. travel and lodging). Box Butte County residents who may know of a family in the midst of coping with cancer can contact Mary Goodell, 308.761.3423.



CAUGHT BEING

Awesome

I would like to send a shout out to all who participated in the labs normal patient study. A big heart felt thank you for making this process go so smooth and easy!! – Angie Valdez



Seron

I want to recognize Seron Dillard for taking time out of his day to bring me some cake and punch. I was unable to make it upstairs and get some. Above and beyond great customer service to a fellow employee.
– Keisha Sanchez



Heidi

Heidi Merrihew did a wonderful job coordinating the flu shot clinic. Thank you to her and all of the volunteers who worked hard and gave their time to make the event such a success! Thank you to all of those who received their flu shots during the clinic.
– Summer Gonzales



Lisa

A huge thank you goes out to Lisa Hillyer and Chelsey Heredia for taking care of my travelers and student cadets while I was out on medical leave-you guys are wonderful!



Erica

I'd like to recognize the PCU staff for all of their teamwork and support of one another. I'd like to recognize Erica Smith for keeping the PCU updated on all the surgery patients. I'd like to recognize Ashley Johnson for coming up with a Pediatric Admission Data Intake! – Emily Stull



Chelsey

Awesome doesn't begin to describe Pam Lawrence! I got to experience first-hand her devotion and compassion for her patients, and she is pretty AWESOME to work with too! If you or a loved one is ever in need, I hope you are lucky enough to have Pam in charge of your care. Thanks Pam for working at BBGH!



Ashley



Pam

If you know Tonya Haller, then you know AWESOME-She is a natural! Thank you for being an example of what an exceptional nurse looks like. You make one of the toughest jobs look so easy, you are appreciated more than you know!
– Jaci Mach

Diana Wodke is always so helpful to the SS department. Thank you Di for all you do. You're awesome!

Ron Brown is always willing to step in and help out whenever he can no matter what he has going on. You're awesome too!
– Jen Monroe



Diana



Ron



Tonya

CALENDAR

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Auxiliary Meeting - Noon - 1:00pm - Alliance Room	2	3	4	5 Immunization Clinic - 11:00am - 4:00pm - Medical Arts Plaza Suite 300	6
7	8	9 Brain and Stroke Support Group - 3:00pm-5:30pm - Alliance Room	10 Health Professions Club - 6:30am- 7:45am - Alliance Room Child Birth Education - 7:00pm-8:30pm - Sandhills Room	11	12	13
14	15	16	17	18	19 Immunization Clinic - 11:00am - 4:00pm - Medical Arts Plaza Suite 300	20
21	22	23 Bariatric Surgery Support Group - 6:30pm - 7:30pm - Sandhills Room	24	25 Alzheimer's Support Group - 6:00pm -7:00pm - Alliance Room	26	27 DEA Drug Take Back - 10:00am- 2:00pm, Sandhills Room, Medical Arts Plaza
28	29 BBGH Board of Trustees meeting 12:00pm - Alliance Room	30	31	<p>The Greatest place to receive care, to work, to practice medicine.</p>		



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